



Far Western University
Faculty of Humanities and Social Sciences
Bachelor of Arts (BA)
Syllabus

Subject: *Sudurpaschim Studies*

Course Code: CSS 241

Year: II

Credit Hours: 3 (48 hours)

Semester: IV

Course Description:

The overall course is designed as per the philosophy of Sudurpashchim studies in particular, which could contribute to the discipline of compulsory subject for undergraduate level in general. This course is designed to provide the students with the basic introduction of Sudurpashchim Province in various sectors. It intends to make students familiar with different potentialities and problems of the region in terms of geography, economy, history, natural resources, socio-cultural characteristics and agriculture. Furthermore, this curriculum is designed to provide a comprehensive understanding of Sudurpaschim Province, encompassing its history, culture, geography, and contemporary challenges.

Teaching Pedagogy:

The major methods used will comprise of classroom lectures, case analysis, field survey, class work, group work, project work, and results discussions and presentations. The course emphasizes students' active participation and involvement in the learning process wherein the instructors (faculty members) would mainly be playing the role of a facilitator.

Learning Objectives:

The objectives of the "Sudurpaschim Studies" course are to provide a comprehensive understanding of the Sudurpaschim Province, with a focus on its culture, history, geography, demography, environment, natural resources, language, literature, folklore, trade, governance, and overall socio-economic scenario. The course aims to achieve the following specific objectives:

- To introduce and enhance the diverse cultural heritage of Sudurpaschim, including languages, traditions, festivals, art, history, culture and civilization.
- To understand the economic and socio-cultural landscape of the region.
- To develop a solid understanding of the geography of Sudurpaschim, including its physical features, climate, and natural resources.
- To explore the dynamics of population growth, migration, and their socio-cultural implications.



- To raise awareness about the natural resources and environmental challenges and opportunities in Sudurpaschim.
- To analyze contemporary economic trends, challenges, and opportunities for development.
- To encourage students to engage with local communities through field studies, projects, and interactions.
- To cultivate research skills, encouraging students to contribute to the knowledge base of Sudurpaschim.

Expected outcomes and learning competencies:

By the end of this course, students would understand the history, society, geography and economy of Sudurpaschim Province. They will be also learnt about the different implications and applicability of development issues in different contexts and settings. By achieving these objectives, the "Sudurpaschim Studies" course expected to empower students with a holistic and nuanced understanding of the region, preparing them to contribute meaningfully to its development and fostering a sense of connection and responsibility toward the Sudurpaschim Province.

Unit-1: Introduction to Sudurpaschim	(13 Hrs.)
<p>1.1 Geographical Division of Sudurpaschim Province</p> <p> 1.1.1 Topography (Mountain, Hill and Terai)</p> <p> 1.1.2 Physical geography: Ecosystem, Climate Diversity.</p> <p>1.2 Administrative Division of Sudurpaschim</p> <p> 1.2.1 Provincial map and Location</p> <p> 1.2.2 Local Levels of Sudurpaschim Province</p> <p>1.3 Natural Resources, Bio-diversity</p> <p> 1.3.1 Forest resources (National parks and Conservation area)</p> <p> 1.3.2 Water resources (Rivers and Lakes)</p> <p> 1.3.3 Land resources (Soil, Mines and Minerals)</p> <p> 1.3.4 Indigenous & traditional knowledge practices in Sudurpaschim and their implications in environmental conservations.</p> <p> 1.3.4 Biodiversity in province.</p> <p>1.4 Demography, Migration and Urbanization in Province</p> <p> 1.4.1 Migration trends and its impact in Sudurpaschim province</p>	
Unit-2: Historical Framework of Sudurpaschim	(9 Hrs.)
<p>2.1 Journey of Sudurpaschim (History of Far Western)</p> <p> 2.1.1 Historical Background and Evolution of Sudurpaschim</p> <p> 2.1.1.1 Katyuri Dynasty,</p> <p> 2.1.1.2 The Raikas of Dadeldhura, Doti and Pithauragarh (Uttarakhand, India)</p> <p> 2.1.1.3 Emerging voices of Manaskhand</p>	



- 2.1.1.4 History of Kailali and Kanchanpur as 'Naya Muluk'
- 2.2 Historical Personalities of Sudurpaschim (Pahalman S. Swar, Jaya PB Singh; Bakabir Dasharath Chand; Dwarikadevi Thakurani;; Dr. K.I Singh; N.D Prakash Chataut, Bhim Datta Pant)

Unit-3: Socio-cultural Background of Sudurpaschim

(9 Hrs.)

3.1 Cultural Heritage and Tradition

3.1.1 Cultural diversity: Ethnic groups, languages, and traditions.

3.1.2 Major Socio- Cultural Institutions of Ethnic Communities of Sudur Pashchim

3.1.3 Religions, customs and traditions (case study of Sakiya, Maghi, Goura and Deuda, Rana Tharu Holi)

3.2 Culture Exchange and Cross-border Relations

3.2.1 Historical ties with neighboring regions.

3.2.2 Contemporary cultural exchange and collaborations.

Unit-4: Trade and Economy of Sudurpaschim

(7 Hrs.)

4.1. Physical Infrastructure (e.g. related to irrigation, hydro and transportation)

4.2 Economic Activities and Major Industries

4.3 Food and Agriculture Practices

4.4 Major Tourism Destinations: Prospects and Challenges

4.5 Potentiality of Herbal/ Medicinal Products

Unit-5: Field Studies and Practical Application (10 Hrs.)

5.1 Field Trips and Hands-on Experiences.

5.2 Interaction with Local Communities.

5.3 Research Projects and Practical Applications of Knowledge.

Evaluation Process for Examination (Theoretical Examination 80 marks)

1. Internal Examination-----40%
2. External Examination (Office of Examination Control) -----60%

The internal evaluation will be conducted as follows (40 marks):

1. Class Attendance/Regularities-----5 marks
2. Class Work/Participation/Discipline-----5 marks
3. First Assignment (Communication/Presentation/Leadership (Group work) skill-----10 marks
4. Second Assignment (Mid-term examination) -----10 marks
5. Third Assignment (Term paper/Field visit/Case analysis) -----10 marks

The External Exams are as follows: (7 Questions (Out of 8) having 10 marks = 7*10=70 marks



Two (2) long questions (analytical questions) (out of 3) having 15 marks =2*15=30 marks

Evaluation Process for Examination (Practical Examination 20 marks)

On the basis of field visit, students are given the following tasks to be complete in given time

1. Hands on activities:

- Assign practical tasks related to the theoretical concepts.
- Include group projects, experiments, or real-world simulations.

2. Case studies:

- Analyze real-world scenarios where the theoretical knowledge is applied.
- Encourage critical thinking and problem-solving skills.

3. Workshops or Seminar:

- Provide opportunities for students to apply concepts in a controlled environment.
- Offer guidance and feedback during practical sessions.

4. Field work or Internship:

- Allow students to gain practical experience outside the classroom.
- Foster a connection between theory and real-field/community situations.

References

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Bhatt, D. C. (2018). *Socio-economic Status of Missing Migrants Families, a case study of Doti and Kanchanpur districts*. NEEDS Nepal.

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CBS (2023). *National Census and Housing Report 2021*. Central Bureau of Statistics, Government of Nepal. https://censusnepal.cbs.gov.np/results/files/result-folder/National%20Report_English.pdf

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https://www.mof.gov.np/uploads/document/file/1687415151_Economic%20Survey%207980.pdf

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Rawal, R.S. (2020). *The History of Medieval Doti*. Kanchanpur: Mahakali Sahitya Sangam Sudurpashchim Province Tourism Master Plan 2979/80 – 2089/90 BS (2021/22 – 2031/32) February 2022, MOITFE.

Traditional Practice and Knowledge of Indigenous and Local Communities in Kailash Sacred Landscape, Nepal, ICIMOD

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ओझा, आत्माराम (२०७३), नेपाली इतिहास मन्थन, महेन्द्रनगर ।

ओझा, खेमराज (२०५८), सुदूर पश्चिम वैतडीको इतिहास ।

ओझा, देवी प्रसाद (२०४६), डोटी क्षेत्रको इतिहास तथा संस्कृति, महेन्द्रनगर ।

ओझा, देवी प्रसाद (२०५१), अमर शहीद दसरथ चन्द, संक्षिप्त जीवनी ।

कलौनी, मुकुन्द (२०८०), राना थारु लोक जीवन, महेन्द्रनगर ।

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कार्की, तेजबहादुर (२०७७), मष्टो संस्कृति, शिखा बुक्स ।

चालिसे, बिजय डोटेली लोक संस्कृति, साझा प्रकाशन ।

जोशी, पदम राज (२०६४), सुदूर पश्चिमको समाज र लोक संस्कृति, धनगढी ।

जोशी, मनिराज (२०७६), मानसखंड, धनगढी ।



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सुदूर पश्चिम प्रदेशको वस्तुगत विवरण प्रोफाइल सुदूरपश्चिम प्रदेश नीति तथा योजना आयोग ।

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Important websites

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